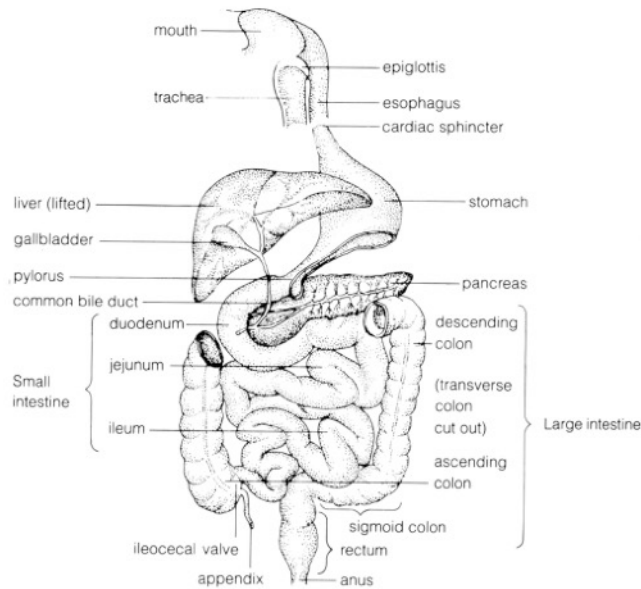


Cleansing The Body of Toxins

The colon is the least five feet of the digestive tract or large intestines. It is a hollow tube like organ made up of muscle structure that moves digestive food and waste along by a wavelike motion known as **peristalsis**. The primary function of the colon is to absorb water, electrolytes and some vitamins, as well as, preparing and storing fecal waste prior to elimination. The colon, along with the skin, kidneys and lungs, is a major organ of elimination of toxins and waste. If bowel movements are not regular, the waste products and toxins accumulate and can compromise our health. Good health is as much a function of our elimination status as the quality of the food we eat. Consider that over 400 million dollars are spent annually on laxatives in the United States. Every year **140,000 Americans** are diagnosed as having colon-rectal cancer. Of this population, 44% will die as a result of the disease. At least two million Americans suffer from colitis, ileitis, diverticulitis and 100,000 Americans have a colostomy each year. Periodic cleansing of the colon could prevent stagnation and minimize the exposure to potential cancer causing agents to the colon wall.



TH 5-1 Gastrointestinal Tract



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Practitioner

Siraj (COO Chief Operating Optimist) born in New York City has spent the last thirty seven years as a Musician, Educator and Holistic Health Practitioner with expertise in Cleansing, Diet and Mind Reclamation.

Offering his services both in person by phone or through video conferencing (via Skype or Zoom). Siraj has both local US clients as well as international clients (including those from Canada, Australia, the United Kingdom, the Netherlands, India, France, Brazil, Puerto Rico, Cuba, Jamaica, and Germany, China, Kazakhstan, Uzbekistan). Offering what Dr. Bernard Jensen calls “The Ultimate Tissue Cleansing Program”, Siraj uses what many would call alternative medicine in his science of life.



HEALTH EMPOWERMENT THERAPY

Health Empowerment Therapy is about sharing a wealth of knowledge and experience when it come to cleansing and healing. Free yourself from the chains of auto-intoxication and regain your right to Great Health.

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